The choices we make are shaped by the choices we have.
When you meet someone new, if you take the time, you can almost always find a connection. Whether you know the same people, have been to the same places, share similar experiences or have common interests – it is these connections that help us build relationships, create common understanding and work toward shared outcomes.

At Health in Common we are grateful for our connections with many organizations, departments, funders and individuals working to create healthy sustainable communities. It is these connections that shape the services we provide.

Over the past year our services continued to evolve, reflecting the inherent connection between planning and evaluation. This included strengthening our planning support and responding to recommendations from an external evaluation of our evaluation support services.

It is a shared commitment to creating communities where the healthy choice is the easy choice that connects our Board of Directors. The varied perspectives and experiences they bring to the table ensure discussion is respectful and engaging. Their time and contribution is greatly appreciated.

Finally, the annual report would not be complete without acknowledging Mike, Bo and Dan. Their ability to connect with folks – community members, service providers etc. – allows Health in Common to provide a service that is valued and respected. Their ability to share their perspective, challenge each other and learn together is Health in Common’s greatest strength.

Don Gamache Acting Chair

Cathy Steven Executive Director
Richard Cloutier
Host of the morning news/talk show on CJOB Radio, Richard has an undergraduate degree in Political Studies and a Masters of Journalism. Also a member of the Board of the Boys and Girls Clubs of Winnipeg and Winnipeg Harvest, Richard is passionate about building a better and healthier province.

Don Gamache
Working out of The Pas and a self-declared ‘Northerner at Heart’, Don is a Regional Community Health Developer with The NOR-MAN RHA. Prior to focusing his work on community development, Don’s work history included family counseling, child protection, emergency social services, recreation and healthy communities.

Alan Katz
Currently the Associate Director of the Manitoba Centre for Health Policy, Alan’s research interests are focused on primary care delivery, including quality of care indicators, knowledge translation and disease prevention. Before becoming an associate professor as well as the Director of Research at the Department of Family Medicine, Alan worked in rural Saskatchewan and at a community clinic in the core of Winnipeg.

Mary Lou Mendro
After 15 years as the General Manager of a Manitoba Regional Economic Development Corporation and experience with numerous companies, organizations and government departments on business development and community-based initiatives, Mary Lou is currently the Director of Syndicated Research at Probe Research Inc.

Jason Edgerton
Having worked in a number of front line and policy-related roles in social services over the years, Jason’s research as a faculty member in the Department of Sociology (University of Manitoba) is focused on the various dimensions of social inequality.

Nancy McPherson
Responsible for integrating a population health approach to the planning and delivery of programs and services throughout Brandon Regional Health Authority, Nancy has experience in acute care, community health, health planning and evaluation. Nancy’s experience in diverse communities across Canada, as well as in the West Indies and Northeastern Siberia, contribute to her role as Assistant Professor in the School of Health Studies at Brandon University.

Richard Milgrom
Having taught at various institutions and practiced architecture in Ontario, as well as the United Kingdom, Richard is now an Associate Professor and Head of the Department of City Planning at the University of Manitoba. A member of the Canadian Institute of Planners and a long standing member of the Planners’ Network, his current research focuses on the social impacts of sprawl and the production of age-friendly cities and towns.

Marcia Thomson
Assistant Deputy Minister with the department of Healthy Living, Youth and Seniors, Marcia has over 30 years experience in health and social services. Marcia is also the Winnipeg Site Coordinator for the Mental Health Commission of Canada’s National Homelessness Research/Demonstration Initiative.
Funded by the Public Health Agency of Canada’s Innovation Strategy, North of 53 facilitated the development of a Community-driven Health Impact Assessment Tool with Nisichawayasihk Cree Nation/Nelson House and Wabowden, while the North of 53 Collaborative developed a work plan for better supporting community identified priorities.

Over the past year, 57 organizations and individuals became Vibrant Communities Charter signatories, indicating their commitment to a shared vision requiring non-government organizations, all levels of government, the private sector and community members to work together.

Attended by 30 people, the first Northern Institute on Evaluation was hosted by NOR-MAN Regional Health Authority in the Pas; 49 attendees took part in the second Summer Institute on Evaluation. Both provided an opportunity for students and service providers to learn more about evaluation and develop evaluation frameworks for actual Manitoba Community Initiatives.

Partnership with the International Institute on Sustainable Development and the United Way of Winnipeg resulted in development and marketing of PEG, a city-wide community indicator system intended to measure well-being, continues.

Developed Stories from the Field to share promising practices and encourage innovation. This will provide an opportunity to learn from initiatives contributing to healthy sustainable communities in Manitoba.

In response to user feedback, the website design and content was revised to enhance the search function and make resources more accessible.
Following an external evaluation of Learning Through Evaluation (LTE) - a demonstration project shifting Health in Common services to include the completion of evaluations in addition to consultation, resources and training – the following recommendations were made and incorporated:

1. Review and clarify policy regarding fee for service

2. Move away from branding ‘Learning Through Evaluation’ as a program; package evaluation with all Health in Common services

3. Upon completion of the evaluation coordinator two-year contract, shift to a research and technical support position

4. Continue to integrate planning and evaluation services

5. Document learnings or ‘stories’ for knowledge exchange

6. Develop follow-up process to provide on-going support (referrals, etc.)

7. Continue to explore direct relationships with funders
We worked with several groups & organizations including:

Active and Safe Routes to School, Green Action Centre**
Assembly of Manitoba Chiefs
Bike to the Future
Burntwood Regional Health Authority
Canadian CED Network, Manitoba Chapter
Canadian Evaluation Society, Manitoba Chapter
Canadian Partnership Against Cancer
CancerCare Manitoba
Child and Family All Nations Coordinated Response Network**
Climate Change Connection
Community Futures
Community Health Sciences, University of Manitoba
Economic Development Association of Manitoba
Faculty of Human Ecology, University of Manitoba
Faculty of Social Work, University of Manitoba
Food Matters Manitoba
Healthy Together Now
Heart and Stroke Foundation of Manitoba
Heifer International
Intergovernmental Committee on Manitoba First Nations Health
International Institute for Sustainable Development
Kelsey Recreation Commission**
Manitoba Agriculture Food and Rural Initiatives
Manitoba Alternative Food Research Alliance
Manitoba Centre for Health Policy
Manitoba Health
Manitoba Healthy Living, Youth and Seniors
Manitoba Immigrant and Refugee Settlement Sector Association**
Manitoba Public Health Association
MB Suicide Prevention Leadership Committee**
Marymound**
Mental Health Promotion Champions Network
Mount Carmel Clinic**
NOR-MAN RHA**
North End Food Security Network**
North Point Douglas Women’s Resource Centre**
Northern Association of Community Councils Partners in Planning for Healthy Living
PEG – Community Indicator System
Physical Activity Coalition of Manitoba
Population Health Intervention Research Initiative for Canada
Prairie Community-Based HIV Research Program
Public Health Agency of Canada**
Rainbow Resource Centre**
Rehabilitation Centre for Children**
Rural Development Institute
Rural and Cooperative Secretariat**
Rural Team Manitoba**
Sage House
South Eastman RHA
Tamarack Recovery Centre**
Towards Evidence Informed Practice
United Nations Platform for Action Committee**
United Way Winnipeg
Volunteer Manitoba
West Broadway Youth Outreach**
Winnipeg in Motion
Winnipeg Sexually Exploited Youth Community Coalition**
Winnipeg RHA
W.R.E.N.C.H.
Youth Suicide Prevention Strategy

**Indicates provision of planning and evaluation support beyond consultation
# Statement of Operations

HEALTH IN COMMON INC.

Statement of Operations

Year Ended March 31, 2012

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Revenue</strong></td>
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</tr>
<tr>
<td>Manitoba Health</td>
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<td>$432,559</td>
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<tr>
<td>Public Health Agency of Canada</td>
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<td>Fees for service</td>
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<tr>
<td>Lease inducement</td>
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<td>$20,000</td>
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<tr>
<td>Other Grants</td>
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<td>Burntwood Regional Health Authority</td>
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<tr>
<td>Community University Research and Evaluation</td>
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<tr>
<td>Interest</td>
<td>$516</td>
<td>$260</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>551,941</strong></td>
<td><strong>565,607</strong></td>
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<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
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<tbody>
<tr>
<td><strong>Expenses</strong></td>
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<tr>
<td>Personnel (Note 9)</td>
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<td>Program (Note 10)</td>
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<td>Operating (Note 11)</td>
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<td>$62,930</td>
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<td>North of 53 (Note 12)</td>
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<td>$58,470</td>
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<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>454,060</strong></td>
<td><strong>517,257</strong></td>
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**Excess of Revenue Over Expenses**

<table>
<thead>
<tr>
<th></th>
<th>2012</th>
<th>2011</th>
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<tbody>
<tr>
<td><strong>$97,881</strong></td>
<td><strong>$48,350</strong></td>
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</table>

We are grateful for funding that supports the delivery of our services. In particular, we would like to acknowledge Manitoba Healthy Living, Youth and Seniors, as well as the Public Health Agency of Canada.
Strengthening connections for healthy sustainable communities

GUIDING PRINCIPLES

• Encouraging partnerships within and across sectors
• Addressing the social, environmental and economic factors that determine health
• Basing decisions and actions on best available evidence
• Building on existing programs and experiences

STRATEGIC DIRECTIONS

Recognizing that social, environmental, and cultural factors collectively create healthy sustainable communities, Health in Common strengthens these connections by:

• Facilitating communication and collaboration within and across sectors
• Providing planning and evaluation support to organizations and communities

STAFF

Bohdanna Kinasevych, Evaluation Consultant
Daniel Gravenor, Evaluation Coordinator
Cathy Steven, Executive Director
Mike Tutthill, Planning and Community Engagement Consultant

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