You are Invited to Attend:
SafeTALK
(Suicide Alertness for Everyone)

No cost
Pre-registration is required
Email or Fax back the registration form and once registration is confirmed details such as location and parking will be provided.

2013/14 SESSION CHOICES:
(first come basis, maximum 20 per session)

September 12, 2013, 1pm-4:30pm
November 5th, 2013, 1pm-4:30pm
January 23rd, 2014, 9am-12noon
April 10th, 2014, 9am-12noon

What is SafeTALK?
SafeTALK is a 3 hour workshop, where you will learn:

✓ To be Suicide Alert Helpers
✓ To be aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided.
✓ To use the TALK steps (Tell, Ask, Listen and KeepSafe).

As a part of the KeepSafe step, you will find out where to connect persons with thoughts of suicide to Trained Helpers in the community.

This workshop is for EVERYONE and ANYONE interested in helping others in the community.
*Registration form is available by contacting Jaspreet @ 204-940-3681
SafeTALK

FAX BACK REGISTRATION FORM

REGISTRANT INFORMATION: (please complete all information)

Name: ___________________________ Position: ___________________________
Community Area or Organization: ____________________________________________
Contact Info: Phone #: __________________ Fax #: __________________
Email address: __________________________________________________________
Mailing address: _________________________________________________________
(Address including Postal Code)

SESSION REGISTERING FOR:

☐ September 12 1:00 – 4:30pm @ 601 Aikens – Main floor boardroom
☐ November 5 1:00 – 4:30pm @ 3-1050 Leila Ave – Room 121
☐ January 23 9:00 – 12:00pm @ Transcona Access Centre – Rm 165
☐ April 10 9:00 – 12:00pm @ 6-845 Dakota Street –Youville Centre, Room 21

PLEASE FAX OR EMAIL REGISTRATION TO:

Administrative Support
Mental Health Promotion
Winnipeg Regional Health Authority
FAX: 940-3246
Email: WRHAMentalHealthPromotion@wrha.mb.ca