MENTAL HEALTH AND ADDICTIONS: MOVING FROM
CHALLENGE TO OPPORTUNITY

This workshop is geared towards organizations who work with participants living with mental health or addictions issues.

Discussion will include:

- Working to empower without enabling
- Working in a meaningful and respectful way with participants
- How to help participants move forward
- How to keep lived experience present at all levels of programming

Pat Capponi has carved out a career as an author, journalist, speaker, and social activist. She has written extensively on mental health, addictions and poverty issues, including *Upstairs in the Crazy House: The Life of a Psychiatric Survivor* and *Dispatches from the Poverty Line*. She has worked in a variety of settings, which have helped her to develop her skills as a community worker, an educator, a facilitator, an advocate, a writer and a public speaker.

When: Tuesday, May 6th, 2014
   9:30 am – 4:00pm
Where: West End Commons, Assembly Hall 641 St.
   Matthew’s Ave., Winnipeg
Cost: $50 registration fee, payable to the West Central
   Women’s Resource Centre
Deadline: Please register on or before April 30th to Madeline
   at admin@wcwrc.ca
   - Lunch will be provided-

West Central
Women’s Resource Centre
640 Ellice Ave. Winnipeg, MB R3G 0A7
204-774-8975 | www.wcwrc.ca
REGISTRATION FORM:
MENTAL HEALTH AND ADDICTIONS: MOVING FROM CHALLENGE TO OPPORTUNITY

Full Name: ________________________________________________________________
Organization: ________________________________________________________________
Address: ________________________________________________________________
Phone #: ________________________________________________________________
Email: ________________________________________________________________
Any dietary restrictions: ____________________________________________________

Please make chq payable to the West Central Women’s Resource Centre. Invoices available upon request.

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