“It’s a small organization that hits above its weight due to the excellence, creativity and commitment of its staff and management”

Partner organization
Looking back on the past year, the phrase ‘dynamic stability’ comes to mind. Recognizing that as Health in Common’s identity and direction becomes consistent, we continually learn and evolve as an organization.

Considerable time and energy has been invested to create and maintain an organizational environment that promotes employee well-being as well as effectiveness. This has meant many conversations about policies and procedures; while rarely exciting, developing these collectively has contributed to a shared understanding of who we are and how we do business.

Identifying organizational core competencies – skills, knowledge, attitudes and beliefs – has provided direction for learning as an organization.

In the interest of organizational sustainability, strategic planning focused on how we can build on organizational strengths, and created an opportunity for board and staff to share ideas and learn from each other.

Speaking of the Board of Directors, their different perspectives and experiences continue to challenge the organization to ‘think outside the box.’ Their time and contribution is greatly appreciated.

At Health in Common we are grateful for our connections with many organizations, departments, funders and individuals working to create healthy sustainable communities. It is these connections that shape the services we provide.

This Annual Report would not be complete without acknowledging Anna, Bo, Dan, Erin, Mike and Sara. Their ability to ask questions, respect for each other’s skills and perspectives, and willingness to laugh at themselves (and each other) make Health in Common an organization that challenges us all.

Cathy Steven   Executive Director

Jason Edgerton   Acting Chair
Richard Cloutier
Host of the morning news/talk show on CJOB Radio, Richard has an undergraduate degree in Political Studies and a Masters of Journalism. Also a member of the Board of the Boys and Girls Clubs of Winnipeg and Winnipeg Harvest, Richard is passionate about building a better and healthier province.

Don Gamache
Working out of The Pas and a self-declared ‘Northerner at Heart’, Don is a Manager of Community Health Development with the Northern Health Region. Prior to focusing his work on community development, Don’s work history included family counseling, child protection, emergency social services, recreation and healthy communities (resigned October 2012).

Alan Katz
Currently the Associate Director of the Manitoba Centre for Health Policy, Alan’s research interests are focused on primary care delivery, including quality of care indicators, knowledge translation and disease prevention. Before becoming an associate professor as well as the Director of Research at the Department of Family Medicine, Alan worked in rural Saskatchewan and at a community clinic in the core of Winnipeg.

Marcia Thomson
Assistant Deputy Minister with the Department of Healthy Living, Seniors and Consumer Affairs, Marcia has over 30 years experience in justice, health and social service systems, with leadership responsibility for many initiatives. For the period of 2008-2012, Marcia was also the Winnipeg Site Coordinator for the Mental Health Commission of Canada’s National Homelessness Research/Demonstration Initiative.

Jason Edgerton
Having worked in a number of front line and policy-related roles in social services over the years, Jason’s research as a faculty member in the Department of Sociology (University of Manitoba) is focused on the various dimensions of social inequality.

Nancy McPherson
Responsible for integrating a population health approach to the planning and delivery of programs and services within Prairie Mountain Health, Nancy has experience in acute care, community health, health planning and evaluation. Nancy’s experience in diverse communities across Canada, as well as in the West Indies and Northeastern Siberia, contribute to her role as Assistant Professor in the Faculty of Health Studies at Brandon University.

Richard Milgrom
Having taught at various institutions and practiced architecture in Ontario, as well as the United Kingdom, Richard is now an Associate Professor, Head of the Department of City Planning and Associate Dean Research at the University of Manitoba’s Faculty of Architecture. A member of the Canadian Institute of Planners and the Manitoba Association of Architects, he is also a long standing member of the Planners’ Network and the International Network for Urban Research and Action (INURA). His current research focuses on the social impacts of urban development patterns and the production of age-friendly cities and towns.

Mary Lou Mendro
Mary Lou is a Research Director at Probe Research Inc. where she has directed numerous studies on behalf of government departments, businesses, and not-for-profit organizations across Canada and the United States for over a decade.
Health in Common provides planning and evaluation support to organizations and communities, facilitating knowledge exchange and collaboration within and across sectors.

**Highlights**

- Signed **48** Memoradums of Understanding for planning & evaluation services
- Led **14** Workshops to support planning & evaluation capacity

**November—December**
Partnered with Volunteer Manitoba to deliver online evaluation training

“In no time at all I found out that Health in Common and the staff have great skills. They cut to the quick of the matter...within a day, you’re there. You have an action plan...that is real, that you can use.”

*Pat Lachance, former Regional Advisor, Rural Secretariat*

**April 2012**
Organized Vibrant Communities Symposium

- Revamped website
- **50** Weekly eBulletins sent
- **619** Monthly eNewsletter recipients (with **7428** training opportunities)

**4th Summer Institute**

- **38** Student participants
- **22** Community participants
January—March
Delivered “Well-being, Equity & Engagement” course
University of Manitoba

February 2013
Developed healthy organization indicators to guide internal policy development

3 New staff members

“One Health in Common got involved because we needed to ensure that there was a very high quality evaluation...they paid attention to things we wanted to be paid attention to, and they’ve been involved, from the ground up, in the development of both the evaluation and the project itself.”

Margaret Ormond, Special Projects Manager, Sunshine House
We Worked With Several Groups & Organizations

595 Prevention Team • Active and Safe Routes to School
Adult Secondary Education Council • Assembly of Manitoba Chiefs
Bike to the Future • Canadian CED Network, Manitoba Chapter
Canadian Centre on Substance Abuse
Canadian Evaluation Society, Manitoba Chapter • Canadian Partnership Against Cancer
CancerCare Manitoba • Child and Family All Nations Coordinated Response Network
City Planning Department, University of Manitoba • City of The Pas
Climate Change Connection • Coalitions Linking Action and Science for Prevention
Community Futures • Community University Research and Evaluation Centre
Daniel McIntyre St. Matthews Community Association
Elmwood Community Resource Centre
Economic Development Association of Manitoba • Food Matters Manitoba
Faculty of Human Ecology & Faculty of Social Work, University of Manitoba
Green Action Centre • Harmony Project • Healthy Together Now
Heart and Stroke Foundation of Manitoba
Heifer International • Hudson Bay Neighbours Regional Roundtable
Intergovernmental Committee on Manitoba First Nations Health
International Institute for Sustainable Development • Kelsey Recreation Commission
Lake Winnipeg Foundation • MFL Occupational Health Centre
Manitoba EAL Organizations • Manitoba First Nations Diabetes Committee
Manitoba Healthy Living, Seniors and Consumer Affairs
Manitoba Immigrant and Refugee Settlement Sector Association
Manitoba Public Health Association • Marymound • Mount Carmel Clinic
National Collaborating Centre for Infectious Diseases
Nisichawayasihk Cree Nation Family and Community Wellness Centre
Northern Health Region • Northern Healthy Foods Initiative
North Point Douglas Women’s Centre
Occupational Health Centre • Partners in Health Promotion
Partners in Planning for Healthy Living • PEG – Community Indicator System
Physical Activity Coalition of Manitoba • Primary Prevention Syndicate
Public Health Agency of Canada • Rainbow Resource Centre
Rehabilitation Centre for Children • Rural Development Institute
Rural and Cooperative Secretariat • Rural Team Manitoba
Sage House • South Eastman RHA • Sunshine House • Town of Churchill
United Nations Platform for Action Committee • United Way of Winnipeg
Volunteer Manitoba • Wabowden Community Council
Western Economic Diversification • Winnipeg Food Share Coop
Winnipeg in Motion • Winnipeg RHA
Mission, Mandate & Guiding Principles

Mission & Mandate
Health in Common’s mission is to connect people, planning and evaluation by:

- Providing planning and evaluation support to organizations and communities
- Facilitating knowledge exchange and collaboration within and across sectors

Guiding Principles
- Encouraging diverse partnerships within and across sectors
- Addressing the social, environmental and economic factors that determine health
- Basing decisions and actions on best available evidence
- Building on existing programs and experiences

Statement of Operations
Year Ended March 31, 2013

Revenue
- Provincial Government $402,000
- Grants $58,329
- Fee for Service $114,782

Expenses
- Personnel $360,845
- Operating $76,304
- Programming $69,576

Visit healthincommon.ca for full audited statement.

We are grateful for funding from Manitoba Healthy Living, Seniors and Consumer Affairs.
“My understanding about Health in Common is that they are working on evaluation from a public health perspective. We know that we are talking a common language, and that we’re working on a common perspective...and that again makes it easier that we can be confident that we can get what we need.”

Elaine Bishop, Executive Director, North Point Douglas Women’s Centre, Winnipeg.