

Get Better Together Schedule

Fall 2010

Location	Start Date	Registration Phone Number
Portage PCU Centre	Wednesdays Sept. 29-Nov. 3 1:00p.m.-3:30p.m.	857-7772
Plumas TBA	Tuesdays Oct. 5-Nov. 9 9:00a.m.-11:30a.m.	1-800-RHA-6509 Ask for Healthy Living Program
Morris TBA	Tuesdays Oct. 5-Nov. 9 1:30p.m.-4:00p.m.	1-800-RHA-6509 Ask for Healthy Living Program
Morden Friendship Centre	Saturdays Oct. 16- Nov. 20 9:30a.m.-noon	822-3555

Further questions, please contact Dianna at 870-0629.