

# Get Better Together Schedule

## Winter-Spring 2010

| <b>Location</b>  | <b>Start Date</b>                                    | <b>Registration Phone Number</b> |
|--|--|----------------------------------|
| <b>Altona</b><br>Altona Hospital Multipurpose Room         | Wednesdays, 7:00p.m.-<br>9:00p.m.<br>April 7- May 12 | 324-1261                         |
| <b>Portage la Prairie</b><br>Tupper Street Resource Center | Fridays, 1:00p.m.-3:30p.m.<br>February 19-March 26   | Dianna 870-0629                  |
| <b>Sandy Bay First Nations</b><br>Health Care Centre       | Tuesdays 1:30-4:00p.m.<br>January 19-February 23     | 843-2304                         |

Further questions, please contact Dianna at 870-0629.