

**Vibrant Cities Symposium – Winnipeg, Manitoba  
March 10 & 11, 2010**

**Starter Bibliography from Bob Scarfo's Talk:**

**Considering the Global Realities that Impact Our Communities**

\*Good Reads

**Successful and Productive Aging**

- Abbott, P., Carman, N., Carman, J., & Scarfo, B. 2009. *Re-creating Neighborhoods for Successful Aging*. Baltimore: Health professions Press.
- Bass, S. 1995. *Older and Active: how Americans over 55 are contributing to society*. New Haven: Yale.
- Bass, S., Caro, F., and Chen, Y., (eds.): 1993: *Achieving a Productive Aging Society*. Newport, CT: Auburn House.
- \*Ken Dychtwald and Flower, J. 1989: *Age Wave: the challenges and opportunities of an aging America*. NY: St. Martin's.
- \*Dychtwald, K. Erickson, T., and Morison, R. 2006. *Workforce Crisis: how to beat the coming shortage of skills and talent*. Boston, MA: Harvard Business School.
- Morrow-Howell, N., Hinterlong, J., and Sherrand, M. (eds). 2001: *Productive Aging: concepts and Challenges*. Baltimore, MD: Johns Hopkins.

**Health**

- \*Frank, Engelke, Schmid. 2003. *Health and Community Design*. Washington, DC: Island.
- \*Frumkin, Frank, Jackson. 2004. *Urban Sprawl and Public Health*. Washington, DC: Island.
- T. Hickey, M. Speers, and T. Prohaska. 1997. *Public Health and Aging*. Baltimore: Johns Hopkins.
- Ichiro Kawachi and Lisa F. Berkman. 2003: *Neighborhoods and Health*. New York: Oxford.

**Climate Change**

- Climate Impacts Group – University of Washington – see publications at <http://cses.washington.edu/cig/>
- \*\*\*King County Director Ron Sims' talk on Climate Change and his approach for the county. Go to the WSU Pullman CEREO web site [<http://www.cereo.wsu.edu/>]
- \*H. Frumkin, J. Hess, S. Vindigni, 2007. Peak Petroleum and Public Health. *JAMA*. 2007;298(14):1688-1690.
- Knowlton K. et al. 2007. Projecting Heat-related mortality impacts under a changing climate in New York City Region. *American Journal of Public Health*, Nov. 2007; 97 (11): 2028-34.
- Lerch, D. 2007. *Post Carbon Cities: planning for energy and climate uncertainty*. You can find out about the book and a lot more information at the Post Carbon web site [<http://postcarboncities.net/>]

Look into "Preparing for Climate Change Guidebook.

**Peak Oil & Energy Issues**

- Brown, L. 2006: *Plan B 2.0: rescuing a planet under stress and a civilization in trouble*. NY: W.W. Norton & Co.
- \*Heinberg, R. 2003. *The Party's Over*. Gabriola Island, BC: New Society.
- Heinberg, R. 2004. *Powerdown*. Gabriola Island, BC: New Society.
- Kunstler, J. 2005 *The Long Emergency*. New York: Atlantic Monthly.
- \*Shuman, M. 2000: *Going Local: creating self-reliant communities in a global age*. New York: Routledge.

## **Water Scarcity**

Reisner, M. 1993: *Cadillac Desert: the American West and its disappearing water*. New York: Penguin.  
\*Glennon, R. 2009. *Unquenchable: America's water crisis and what to do about it*. Washington DC: Island.

## **Design & Land Planning**

Randall Arendt. 1996. *Conservation Design for Subdivisions*. Washington, DC: Island.  
Benfield, B., Raimi, M. and Chen, D. 1999. *Once There Were Greenfields: how urban sprawl is undermining America's environment, economy, and social fabric*. New York: Natural Resources Defense Council.  
Peter Calthorpe. 1993: *The Next American Metropolis: ecology, community and the American dream*. NY: Princeton Architectural Press.  
\*Randolph Hester. 2006. *Design for Ecological Democracy*. Cambridge, MA: MIT.  
\*Jane Jacobs. 1961: *The Death and Life of Great American Cities*. New York: Vintage.  
Kemmis, D. 1995: *The Good City and the Good Life*. Boston: Houghton Mifflin.

## **Interesting Perspective**

\*Thomas Princen. 2005. *The Logic of Sufficiency*. Cambridge, MA: MIT.

## **DVDs**

*End of Suburbia* – Oil depletion and the Mad Max outcome in suburbia  
*The Power of Community* – when Russia pulled out and Cuba lost 80% of its oil  
*A Convenient Truth: urban solutions from Curitiba, Brazil* – about the most sustainable city in world  
PBS TV Series: *Unnatural Causes: is inequality making us sick?* – web site has transcripts of the 7-part series <http://www.unnaturalcauses.org/>

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